

SUMMER 2022

Butterfly Bulletin



From the Chairperson

Something less serious, dare I say comic, from me this quarter. In this day and age, particularly in health, we are cursed with acronyms. They are pervasive. I know it is a form of shorthand but I HATE them, more so now for reasons that I will explain...

At hospice we have our wonderful Patient Care Assistants, without whom we could not manage. They are referred to, fondly as our 'PCAs'. I have had cause in my various communications internal and external to use this PCA acronym from time to time.

Sadly another curse of this day and age is that evil fairy on the internet who scans our communications and picks up identifying forms of language and slots them into saleable data lists flogged to marketing people. My use of 'PCA' has been noted it seems. How are your quiz skills? Where is this going?

A few months ago I started to receive random communications from TEAM PCA. Thinking Patient Care Assistants of the world had united, I opened one to discover to my horror that I was on the data list for Pig Chasing Australia, a hunting organisation whose logo is a hunting dog, a boar, intersecting cross bow arrows, a hunting knife and, appallingly, the Southern Cross constellation. Opt out/unsubscribe button now pressed!!! I have no interest in hunting and never have and my only thought as to how I got onto this data list was through the electronic use of "PCA". Perhaps unsurprisingly I haven't looked into Team PCA in any detail but I can tell you that merch. is available should you feel the need for a PCA Beanie, hoodie etc.

On a more serious note, things continue to go well at Hospice due as always to the ongoing commitment and efforts of our wonderful staff and volunteers. Fiona and I recently gave evidence before the federal Senate Select Committee Enquiry into Work and Care at its sittings in Albany. It was gratifying to have the Chair of the Committee pass on to us in session the comments of the Mayor Dennis Wellington and others made to them about the 'wonderful' work done by Hospice and how much it is valued by the community.



I want to take this opportunity to acknowledge the great achievement of Prof. Samur Aoun in winning the WA Australian of the Year this week. Samur is Perron Institute Research Chair in Palliative Care at UWA and amongst a vast list of interests, she advocates for person centred health and social care. Her research programs on supporting family caregivers at end of life and the public health approach to bereavement care have informed policy at the national and international levels. She co-founded the Southwest Compassionate Communities Network in 2018 in WA. The award puts what we do into the spotlight and hopefully will engender further community discussion and consideration of end-of-life care and advanced care planning.

Festive Ho Ho's to all

Hannah Leslie, Chairperson

Colourful butterflies at the Christmas Pageant

Staff, volunteers and their families looked amazing at this year's City of Albany Christmas Pageant. Special thanks to the Albany MensShed for putting our 'Butterfly' themed float together for us and to the wonderful staff and volunteers who painted the float. The float was an array of bright colours which made it stand out amongst the other floats.



The Annual Footy Weekend with Glen Jakovich and Ross Glendinning raised over \$35,000. We thank all involved in organising this event, with special thanks to Todd McGregor, Max Loveridge and all our Sponsors and volunteers.

The Spring Garden Party held in at Birchwood Gardens in Narrikup November raised over **\$9,000**

Thank you to our generous business supporters of Albany Community Hospice



If you would like to see your logo on this list, become a Gold or Platinum Supporter of Hospice!
To find out how, contact communications@albanyhospice.org.au

2023 Spinathon is upon us!

For 24 hours from 12pm Saturday 18th February the annual Albany Community Hospice Spinathon begins! Cyclists will be taking on the challenge of keeping stationary bikes spinning on the grass at the front of Haz Beans for a whole 24 hours. This year's Spinathon, we are aiming to raise \$24,000 - \$1000 for every hour that the bikes are spinning.

Cyclists can join as part of a team or as an individual - they don't need to cycle for the whole 24 hours although a few people do! Cyclists then seek sponsorship from friends, family, colleagues, the community at large. All funds raised go to Albany Community Hospice to provide palliative care at no cost to the guest.



Visit the Spinathon homepage at mycause.com.au/events/spinathon to join and donate. For more information and updates visit our website: www.albanyhospice.org.au